Many girls coming from poverty-straining homes have menstrual hygiene management challenges in schools and communities due to limited access to resources to acquire sanitary pads and proper information on menstrual hygiene management causing absenteeism from school, reduced academic performance, and social exclusion.

GC Theatre Pulse with funding from Thoth Worldwide is implementing a project that aims at empowering adolescent Girls in schools and communities.

However, this project focuses on addressing menstrual hygiene management by providing comprehensive solutions such as sensitizing adolescent boys and girls, providing free reusable sanitary pads to needy girls, and performing thematic edutainment drama. We aim to empower adolescent girls and boy to prevent health risks, dropping out of school, and social stigma. We ensure that their menstrual health is taken care of to enable them participate fully in education and community activity at any time.

**Project Objectives:**

* Provide free reusable sanitary pads to unprivileged girls in schools and communities.
* Develop and disseminate menstrual hygiene management educational materials.
* Increase awareness and knowledge on menstrual hygiene management among girls, boys, parents, and teachers using live stage drama, film, and SBCC services.

**Our Activities:**

* Making reusable sanitary pads
* Developing, rehearsing and performing thematic live stage drama and films.
* Conduct a needs assessment to identify schools and communities facing menstrual hygiene management challenges.
* Organize awareness campaigns in schools and communities, utilizing media, community gatherings, and peer-to-peer engagement.
* Conduct training sessions on proper usage of the reusable sanitary pads to ensure hygiene and environmental sustainability.

**Sanitary Product Provision:**

* Collaborate with the sponsors to provide free reusable sanitary pads and small washing buckets for washing the reusable pads to the unprivileged girls in schools and communities.
* Collaborate with local suppliers and organizations to ensure availability and affordable of reusable sanitary pads.
* Establish distribution channels to extend reusable sanitary pads closer to schools and communities.

**Project Implementation:**

* **Project Timeline:** GC Theatre Pulse started implementing the Unprivileged girl empowerment project on the 14th/February/2024 and the project is expected to run for at least 5 years as it grows to cover Acholi sub-region. The timeline is subject to adjustments based on local contexts and specific project requirements.
* **Budget and Resources:** An estimated budget of USD 50,000 is allocated for the successful implementation of this project. The budget covers awareness campaigns, reusable sanitary pads materials and making, Transportation, capacity building activities, monitoring and evaluation, and project management costs.
* **Monitoring and Evaluation:** A robust monitoring and evaluation framework is being established to track the progress, effectiveness, and impact of the project. Regular assessments are conducted to measure changes in knowledge, and behaviors. The feedback from beneficiaries, stakeholders, and project staffs will bring about adjustments and improvements throughout the project duration.

**Sustainability and Scale-up:**

To ensure the long-term impact and sustainability of the project, the following strategies will be employed:

* Foster partnerships and ensure quality in service and production for continued support, Donation, and resource mobilization.
* Document best practices and lessons learned to facilitate replication and scale-up in other schools and communities.

**Conclusion:**

Menstrual hygiene management is a fundamental aspect of gender equality, health, and education. By implementing comprehensive interventions in schools and communities, we can address the challenges faced by girls and pave way for more inclusive and empowered society. Therefore; we seek support and collaboration from donors, partners, and stakeholders to realize the objectives of this project and create a positive impact on the lives of girls and women.